

Saint Joseph Lay Carmelite Community #2415, Rochester, Minnesota  
Province of the Most Pure Heart of Mary  
January 2026 Newsletter

Dear Lay Carmelites,

This 2026 Year of the Lord, we are filled with His love and blessings. I am especially grateful for our Community and the Love of Christ and Our Lady that we share with each other.



On the 8<sup>th</sup> of January we celebrate Saint Peter Thomas the Bishop. A quote from him seems very fitting as I am fulfilling my last year as Directress for our Community:

*“My brothers and friends,” he said, “what toils and dangers you have met with in my service—hunger and thirst, cold and unexpected trials. I have never given you the recognition or the recompense you deserve, and yet you were kind enough to bear with me and my shortcomings. How often for me you faced real risk of your lives! How can I repay you? Forgive me; I beg you to forgive me.”<sup>1</sup>*

None of my errors and mix ups have been as dramatic as hunger and thirst (I hope). Yet unexpected trials and much patience have been required –in that I’m certain. And please accept my recognition you all deserve and gratitude for each of you.

In December we Received four new Lay Carmelites who have broad, varying, yet extraordinary gifts in themselves. Jasmine, Lise, Anne and Clark are in our family now. Despite all the difficulties and trials in my time serving you, I am so amazed (always) in Christ’s generosity and love.



January Carmelite Saints and Blesseds: Saint Kuriakos Elias Chavara, Priest (3); Saint Peter Thomas, Bishop (8); Saint Andrew Corsini, Bishop (9<sup>th</sup>); Blessed Archangela Girlani, Virgin (29 )

January Birthday Remembrances in Holy Mass at the Annunciation Hermitage: n/a

<sup>1</sup> <https://carmelitequotes.blog/2025/01/07/piertommaso25/>

Jan 3rd  
 Co-Cathedral of St John the Evangelist.  
 In-person/Online. Gathering Space.  
 9:15 am to 12:15

Side 1 Terese, Side 2 [redacted]

Liturgy of the Hours Vol. I:

Ant: 647; Hymn: 399.  
 Psalter: Saturday, Week I, 786; Reading...:543-544

Christian Prayer:

Ant: 686; Hymn: "What Child Is This" #74.  
 Psalter: Saturday, Week I, 770; Reading...:205-206

Act of Con. to Our Lady of Mount Carmel/Salve Regina/Act of Con. to St Joseph/Vocations Prayer.

Visio Divina: Epiphany Icon

Announcements.

On-going Formation: [redacted]

Announcements:

- St. Joseph Liturgy of the Hours 2026 Guides are here! Thank you, Michael! Pay \$3 (Reg) or \$6 (Lg) to SJLCC.
- Thank you, Lise for delivering all the Birthright donations!
- SJLCC Adorers Chapel Co-Cathedral 4-5 pm every Friday.



- The RC/RFC [Terese and I] will be observing for our 3-year Provincial Visit in January. Please support Niniek as she leads our Community Meeting.

**Formation Notes:**

January ongoing Formation will be *Last Conversations*: [redacted] - pp.

**Phase II (year 1)** Lise, Clark, Jasmine, Anne, Ch. 2: 'The Call to Holiness' pp. 41-55, Climbing the Mountain with Terese.

**Phase II (year 2)** Ruth: Ch. 20: 'Commitment in Carmel' pp. 569-597 in Climbing the Mountain, with Marie.

St James Coffee, every 3<sup>rd</sup> Sunday 12- 2 pm, is reserved for Formation.

<u>Table 1</u>	<u>Table 2</u>	<u>Table 3</u>	<u>Table 4</u>

*Our Carmelite Charism: Prayer, Community and Service*

In Carmel,  
 Marie Theresa Goihl  
[mgoihl3@gmail.com](mailto:mgoihl3@gmail.com) : 507-251-5012

