

Saint Joseph Lay Carmelite Community #2415,
Rochester, Minnesota
Province of the Most Pure Heart of Mary
November 2025 Newsletter
saintjosephlaycarmelites.org



Dear Lay Carmelites,

November is our month to celebrate All Carmelite Saints on the 14th and all Carmelite souls on the 15th.

Let us meditate on a fitting excerpt from the Works of Saint Teresa of Jesus:

‘We Belong to a Race of Saints’

All of us who wear this holy Carmelite habit are called to prayer and contemplation. This is what we were founded for. We are descended from those holy fathers of ours on Mount Carmel, those who went in search of that treasure —the priceless pearl we are talking about—in such solitude and with such contempt for the world. We must remember those holy fathers of ours who have gone before us, the hermits whose lives we are trying to imitate. We must remember our real founders, those holy fathers whose descendants we are. It was by way of poverty and humility, we know, that they came to the enjoyment of God.

Regarding the beginnings of orders, I sometimes hear it said that the Lord gave greater graces to those saints who went before us because they were the foundations. Quite so, but we too must always bear in mind what it means to be the foundations for those who will come later.

For if those of us who are alive now have not fallen away from what they did in the past, and those who come after us do the same, the building will always stand firm. What use is it to me for the saints of the past to have been what they were, if I come along after them and behave so badly that I leave the building in ruins because of my bad habits? For obviously those who come later don't remember those who have died years before as they do the people, they see around them. A fine state of affairs it is to insist that I am not one of the first, and do not realize what a difference there is between my life and virtues and the lives of those God has endowed with such graces!

Any of you who sees your Order falling away in any respect must try to be the kind of stone the building can be rebuilt with—the Lord will help to rebuild it.

For love of our Lord I beg them to remember how quickly everything comes to an end, and what a favor the Lord has done in bringing us to this Order, and what a punishment anyone who starts any kind of relaxation will deserve. They must always look at the race we are descended from—that race of holy prophets.

What numbers of saints we have in heaven who have worn this habit of ours! We must have the holy audacity to aspire, with God's help, to be like them. The struggle will not last long, but the outcome will be eternal.¹



November Carmelite Saints and Blesseds:

Blessed Frances d' Ambrose, Religious (5th); St. Nuno de Santa Maria Alvares Pereira, Religious (6th); St. Elisabeth of the Trinity, Virgin (8th); All Carmelite Saints (14th); Commemoration of All Carmelite Souls (15th); St. Raphael of Saint Joseph, Priest (19th); Blesseds Denis and Redemptus, Martyrs (29th)

November Birthday Remembrances: Holy Mass at the Annunciation Hermitage

Bill Warner (4th); Slava Dousa (11th); Glen Farrow (19th)

¹ [Nov 14 All Carmelite Saints Day](#)



[Optional Holy Mass at Co-Cathedral 9 am]
Nov. 1st Co-Cathedral of St John the Evangelist.
Upper room : 10 am to 1 pm
All Saints Day
Side 1 **Dave**, Side 2 **Tia**.

Christian Prayer:

Inv.1304.
Hymn #181. "Blest Are the Pure in Heart"
Ant: [1304] Psalms/Canticle: 707-710.
Reading/Inter/Pr: 1305-1306.

Volume IV:

Inv. 1520.
Hymn 1528.
Ant: [1529] Psalms/Canticle: 652-655.
Reading/Inter./Pr: 1530-1531.

Act of Consecration to Our Lady of Mount Carmel/Salve Regina/Act of Consecration to St Joseph/Vocations prayer

Lectio Divina: St. **John 6:37-40** **Bob Kertis**

Carmel's Call: Lectio Divina Handbook pp. Preface-9.
Free download: [Lay Carmelites, PCM Province](#)
Announcements
On-going Formation-*St Thérèse*: pp. 55-68; 277-284.

Announcements:

- Remember to sign up with Niniek and the Co-Cathedral to serve the first Tuesday of the month 6-8pm, at Channel One: [Channel One — Co-Cathedral of St. John the Evangelist \(sj.org\)](#)
We would like to send at least 2 Carmelites each month!
- We need a volunteer to order and organize the St. Joseph Liturgy of the Hours Guides: [St. Joseph Guide for The Liturgy of the Hours for 2026: Catholic Book Publishing: 9781958237892: Amazon.com: Books](#)
See Marie.
- Check out our website; the more activity we receive the higher the posting is in the search engines: [saintjosephlaycarmelites.org](#)
- SJLCC Adorers Co-Cathedral every Friday of the month 4-5 pm.
Ask Terese, Dcn. Randy & Dave about their October pilgrimage to Italy!

Formation Notes:

On-going Formation: *St Thérèse*: pp. 55-68; 277-284. Read slowly and note phrases with your insights to share.

Phase II Year 1: Clark, Lise, Anne, Jasmine, Ch. 1, [Climbing the Mountain](#), with Terese.

Phase II Year 2: Ruth, Ch. 19a, 'Holy Men and Women of Carmel: Part 2.a. Later Saints' pp. 548-568 with Suzie.

Phase 1 to be interviewed by Council after November 1st Meeting: Lise, Anne, Jasmine, Clark. 1:05 pm.

St James Coffee, every 3rd Sunday 12- 2 pm, is reserved for Formation.

TABLE 1	TABLE 2	TABLE 3	TABLE 4
Paul Byron (Lead)	Dorothy Loftus-Nall (Lead)	Tia Meyer (Lead)	Dianne Johnson (Lead)
Michael Kacir	Niniek Pranoto	Paula Plummer	Marie Goihl
Marilyn Baker	Deacon Randy	Susie Oliver	Dave Reinschmidt
Bob Robak	Saundra Grosle	Sharon Stanton	Bob Kertis
Ruth Wentz	Anne Cuccio	Slava Dousa	Mary Hayek
Lise Paulik	Terese Horlocker	Clark Amorillo	Jasmine Sexton

Our Carmelite Charism: Prayer, Community and Service

In Carmel,
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