

**Saint Joseph Lay Carmelite Community #2415,
Rochester, Minnesota
Province of the Most Pure Heart of Mary
February 2026 Newsletter**

Dear Lay Carmelites,

This February 7th Year of our Lord 2026 we are celebrating with gratitude the Temporary Profession of Ruth Wentz!

On February 2nd we celebrate the Feast of the Presentation of the Lord recalling our Carmelite Catholic tradition that contemplates through Our Lady this sacred Feast known as Candlemas and the Purification of the Blessed Virgin Mary. As Carmelites we model our lives on the virtues of Blessed Virgin Mary, especially as Our Lady of Mount Carmel, one of Ruth's special adorations.

The newly-to-be Professed Ruth was baptized on the Feast of the Martyrs of Compiègne. Ruth has a devotion to these Saints and their manifested sacrifice of all. Indeed, their heroic sacrifice during the French reign of terror inspires Ruth as much as the poetry and writing of St. Thérèse of the Infant Jesus and Holy Face:

*"So I fear nothing, neither sword nor flame.
No, nothing can trouble my ineffable peace,
And the fire of love which consumes my soul
Shall never go out!"¹*

[image²]



In the heart of a Carmelite, Ruth is devoted to the wonderful, quiet, pure strength of St. Joseph.

"St. Joseph, as the father, placed the Child in the arms of a priest... Our Savior submitted to this ceremony, though needing neither consecration nor sanctification. The union of His humanity with the Second Person of the Godhead had sanctified and united Him to God in such a manner as no sacrament or ceremony could do.

Never during the time of the Old Testament had such a glorious sacrifice been offered in the Temple. Its majestic grandeur shed its radiance over the sacred edifice and throughout all the earth and all times, and caused the utter poverty and inadequacy of ancient worship to be revealed in a more brilliant light

Another Abraham is here now offering his Son, but one incomparably more just and more pleasing to God than the first Abraham. It is St Joseph. Hence, God has chosen him to be patriarch of the New Law. And if Mary, Simeon, and Anna were present with Saint Joseph at this ceremony and together praised God with the words:

"God is good and His mercy endures forever; we have received His mercy in the midst of His Temple." [Ps. 117:1; 47:10]. This would have been the first Candlemas procession formed by the most venerable and holy personages in all the history of the Church."³



Let us pray: when Elijah prayed on the mountain, God sent saving rain from heaven; fill Ruth and all of us who have been called to Carmel with a spirit of prayer, so that we may draw a shower of grace to the world.

Lord, make us witnesses of your love!⁴

¹ For her birthday, Thérèse gives her sister Pauline this poem. [The Responses of Saint Agnes - PN 26 — Archives of the Carmel of Lisieux](#)

² [14 - To love in Jesus is to love always — Archives of the Carmel of Lisieux](#)

³ [St. Joseph & the Presentation of the Child Jesus - Catholic Exchange](#)

⁴ [20 July: Saint Elijah – Carmelite Quotes](#)



Holy Mass at 8:30 am
 Co-Cathedral of St John the Evangelist. Feb. 7th
Morning Prayer 8 am in Co-Cathedral
 Memorial of the Blessed Virgin Mary
 Leaders--Side 1: Terese; Side 2: **Dave**

Christian Prayer:

Inv. 1383.
 Hymn. 1626 “O Mary of All Women”
 Psalms: 989-991.
 Reading/Inter/Pr: 1384[Is 61]-1387.

Volume III :

Inv. 1654.
 Hymn. #80.
 Psalms: 1254-1257.
 Reading/Inter/Pr: 1650 [Is 61]-1654.

Act of Con. to Our Lady of Mount Carmel/Salve Regina/Act of Con.to St Joseph; Vocations Prayer.

Lectio Divina: St. Matthew 5:13-16. **Marilyn**

Lectio Handbook: pp. 13-15.

Announcements.

On-going Formation: St Therese’s *Last Conversations*:
 Yellow Notebook July 27- July 31 (pp 84-94); Letters 12-14 (pp 289-292).

February Carmelite Saints and Blessed:

Bl. Mother Candelaria of Saint Joseph,
 Religious—1st

February Birthday Remembrances: Holy

Mass at the Annunciation Hermitage:

Mary Hayek—5th; Marilyn Baker—24th.



Announcements:

- Holy Mass with Ruth’s Temporary Profession February 8th at 8:30 am at the Co-Cathedral; Morning Prayer at 8 am. Reception after Holy Mass followed by Meeting.
- We lead Eucharistic Adoration in Chapel at Co-Cathedral Fridays 4-5pm.
- Dues 55\$ (same as 2025) to SJLCC by April 30. includes inactives. Dues \$ with your name attached.
- Please sign up as a Lectio Divina reader, treats, leading Side 2 prayer each for at least 1 Mtg this year.
- Please sign up for Service with Channel One on one 1st Tuesdays this year. Contact Niniek with questions. [Channel One — Co-Cathedral of St. John the Evangelist](#)

February Formation Notes:

Our On-going Formation is St Therese’s *Last Conversations*: Yellow Notebook July 27- July 31 (pp 84-94); Letters 12-14 (pp 289-292). Be prepared to share your insights.

Phase II: Clark, Deb, Anne, Lise: Ch. 3 in Climbing the Mountain pp. 59-78 with Marie.

Formation meets at St James Coffee every 3rd Sunday noon till 2 pm, unless otherwise noted.

Table 1	Table 2	Table 3	Table 4
Niniek Pranoto (Lead)	Deacon Randy Horlocker (Lead)	Dorothy Loftus-Nall (Lead)	Dianne Johnson (Lead)
Saundra Groslie	Mary Hayek	Paula Plummer	Marilyn Baker
Bob Robak	Terese Horlocker	Suzie Oliver	Marie Goihl
Michael Kacir	Tia Meyer	Sharon Stanton	Bob Kertis
Dave Reinschmidt	Ruth Wentz	Paul Byron	Anne Cuccio
Clark Amorillo	Jasmine Sexton	Lise Paulik	

Our Carmelite Charism: Prayer, Community and Service

In Carmel,
 Marie Theresa Goihl
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O beautiful Flower of Carmel, most fruitful vine, Splendor of Heaven, holy and singular, who brought forth the Son of God, still ever remaining a Pure Virgin, assist me in this necessity. O Star of the sea, help and protect me! Show me that Thou art my Mother.