

Saint Joseph Lay Carmelite Community #2415
Rochester, Minnesota in the Province of the Most Pure Heart of Mary
May 2025 Newsletter



Dear Lay Carmelites,

Our Holy Father Pope Francis has passed onto the House of the Father on the Easter Monday of the Angel.

Regina Caeli

V. Queen of Heaven, rejoice, alleluia.

R. For He whom you did merit to bear, alleluia.

V. Has risen, as He said, alleluia.¹

As we mourn in hope, let our hearts pray for Pope Francis in gratitude for his beautiful model of the merciful Father, the simplicity of Christ and his life of service to our Catholic Church.

Let us also recall that on May 5th we celebrate the Feast of Saint Angelus². Here is a Carmelite shield of the Ancient Observance in the image.



The palm and the lily signify the first saints of the order: St. Angelus of Sicily (signified by the palm of martyrdom) and St. Albert of Trapani (signified by the lily).

Six pieces of spiritual armor are described in the rule of the Order; the cincture is the symbol of purity, indispensable for one who desires to reach the holy mountain of the vision of God: "Blessed are the pure of heart, for they shall see God". The corselet which protects the vital parts of the body represents good thoughts: "Holy thoughts will protect you". The breastplate which covers the whole body represents justice, a well-regulated life, the observance of the commandments and duties of daily life.

The shield is faith; for a living faith is the best safeguard for the spiritual life. The helmet symbolizes hope, confidence in God, which gives us the right to walk with freedom and confidence. Finally, the sword indicates conversation with God which as a double edge blade comes to our aid and defends us in all our difficulties.³

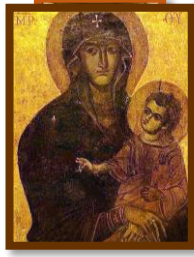
May Carmelite Saints and Blesseds: Saint Angelus, Priest and Martyr--5th; Blessed Aloysius Rabatà, Priest--8th; Saint George Preca, Priest--9th; Saint Simon Stock, Religious--16th; Saint Mary Magdalen de Pazzi, Virgin--25th.

May Community Birthdays to be remembered at Holy Mass at the Annunciation Hermitage: Dick Boyd (deceased)--11th; Niniek Pranoto--16th; Mary Lou Smith (deceased)--22nd; Bunnie Powers (deceased)--25th; Suzanne Norris --29th.

¹ [Monday of the Angel: The Catholic Church's Special Name For Easter Monday | National Catholic Register](#)

² [Carmelites | Carmelitani | Carmelitas :: O.Carm :: St. Angelus, Priest and Martyr](#)

³ [Carmelite spirituality and the practice of mental prayer](#)



[Optional 8am Holy Mass at St Pius.]
 May 3rd Meeting at Co-Cathedral of St John the Evangelist- Gathering Space.
 Sts. Philip and James Feast
 In-person/online. 9:15-12:15 pm.

Side 1: Terese; Side 2: Niniek

Christian Prayer:

Inv. 1392.
 Hymn. #168: "The eternal gifts of Christ"
 Ant. 1143. Psalms/Canticle. 707.
 Reading/Intercessions/Ben./Prayer. 1143-1145.
Volume II:
 Inv. 1951.
 Hymn. 1964.
 Ant.: 1813. Psalms/Canticle. 1088.
 Reading/Intercessions/Ben./Prayer. 1813-1815.

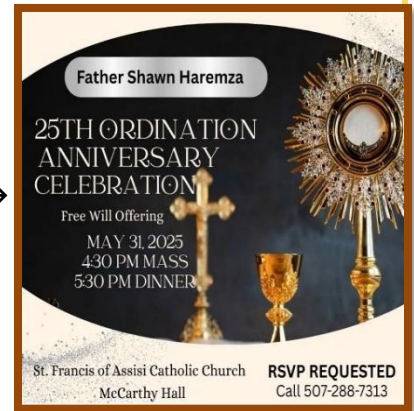
 Consecration to BVM; Salve Regina; St Joseph Prayer.
 Vocations prayer.

 Lectio Divina: St. John 21:1-14.
 Community Manuel. pp. 21-24.
 Announcements.
 On-going Formation-St Therese's Poem on 4/25 email.

Announcements:

- Reserve July 16th the Feast of Our Lady of Mount Carmel for Holy Mass with Final Professions at the Co-Cathedral. Evening Prayer before Holy Mass.
- SJLCC Adorers in the Chapel of the Co-Cathedral. Come adore Friday 4-5pm.

- Celebrate Fr. Shawn's 25th Ordination Anniversary May 31st →



May Formation Notes:

On-going Formation is Therese's "*Why I Love You, O Mary*" poem and introduction. Note parts that inspire you and be prepared to share your selected ones.

Phase I: Jasmine, Lise, Clark and Anne: Ch. 7 'Part I: Living as a Carmelite: Community', with Paula. Rescheduled 6-month review with Marie.

Phase II Ruth: 15a 'The Carmelite Family and Communion of Saints' 1, pp. 371-382 in Climbing the Mountain with Dave. Formation groups meet at St. James Coffee every 3rd Sunday, noon till 2 pm.

TABLE 1	TABLE 2	TABLE 3	TABLE 4
Marilyn Baker (Lead)	Paula Plummer (Lead)	Bob Robak (Lead)	Susie Oliver (Lead)
Saundra Groslie	Slava Dousa	Dave Reinschmidt	Terese Horlocker
Dorothy Loftus-Nall	Sharon Stanton	Tia Meyer	Marie Goihl
Dianne Johnson	Deacon Randy	Mary Hayek	Michael Kacir
Niniek Pranoto	Paul Byron	Ruth Wentz	Bob Kertis
Lise Paulik/Lynne Gaffey	Anne Cuccio/Sue Norris	Jasmine Sexton	Clark Amorillo

