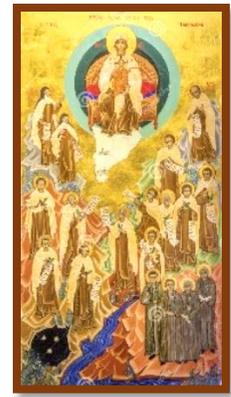


Saint Joseph Lay Carmelite Community #2415,  
Rochester, Minnesota  
Province of the Most Pure Heart of Mary  
November 2024 Newsletter  
[saintjosephlaycarmelites.org](http://saintjosephlaycarmelites.org)



Dear Lay Carmelites,

As we remember that November is our month to celebrate all the Carmelite Saints on the 14<sup>th</sup>, we also recall all Carmelite souls on the 15<sup>th</sup>. Let us continue to ardently pray for peace through the intercession of all Carmelite souls. September 28<sup>th</sup> we celebrated a Service of the Word with Deacon Randy along with the Sisters of St. Mary of Carmel.



After our Morning Prayer in their beautiful Chapel, we served the Sisters through helping to “put to safe rest for winter” the Sisters’ teardrop garden.

Serving the Sisters as they live as hermits in this sacred part of God’s creation is a true privilege; really who is serving who?

Let us pray and serve as Carmelites through the intercession of St Elizabeth of the Trinity on her Feast Day November 8<sup>th</sup>, for the true peace we encounter in the places where peace is lived such as the Hermits of St. Mary:

*O my God, Trinity whom I adore, help me forget myself entirely so to establish myself in you, unmovable and peaceful as if my soul were already in eternity. May nothing be able to trouble my peace or make me leave you,*

*O my unchanging God, but may each minute bring me more deeply into your mystery!*

*Grant my soul peace.*

*Make it your heaven, your beloved dwelling and the place of your rest. May I never abandon you there, but may I be there,*

*whole and entire, completely vigilant in my faith, entirely adoring, and wholly given over to your creative action.<sup>1</sup>*



November Carmelite Saints and Blesseds:

Blessed Frances d’ Ambrose, Religious (5<sup>th</sup>); St. Nuno de Santa Maria Alvares Pereira, Religious (6<sup>th</sup>); St. Elisabeth of the Trinity, Virgin (8<sup>th</sup>); All Carmelite Saints (14<sup>th</sup>); Commemoration of All Carmelite Souls (15<sup>th</sup>); St. Raphael of Saint Joseph, Priest (19<sup>th</sup>); Blesseds Denis and Redemptus, Martyrs (29<sup>th</sup>)

November Birthday Remembrances: Holy Mass at the Annunciation Hermitage  
Bill Warner (4<sup>th</sup>); Slava Dousa (11<sup>th</sup>); Glen Farrow (19<sup>th</sup>)

<sup>1</sup>*The Praise of Glory, Reminiscences of Sister Elizabeth of the Trinity, A Carmelite Nun of Dijon, 1901-1906, Pantinanos Classics; The Last Retreat of “Laudem Glorae”; pp.155-156.*



[Optional Holy Mass at St Pius X 8am]  
 Nov. 2<sup>nd</sup> Co-Cathedral of St John the Evangelist.  
 Gathering Space.  
 9:15 am to 12:15  
 All Souls Day/ Office of the Dead  
 Side 1 Terese, Side 2 Marilyn.

Christian Prayer:

Inv.1474.  
 Hymn #184. "O radiant Light, O sun divine..."  
 Psalms/Canticle: 1486-1490.  
 Reading/Inter/Pr: 1490-1493.

Volume IV:

Inv. 1891.  
 Hymn 1906.  
 Psalms/Canticle: 1907-1911.  
 Reading/Inter./Pr: 1911-1914.

Act of Consecration to Our Lady of Mount Carmel/Salve Regina/Act of Consecration to St Joseph

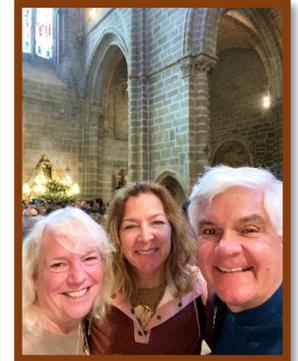
Lectio Divina: St. Mark 12:28b-34

Carmel's Call: pp. 26-28.  
 Announcements  
 On-going Formation-*St Elizabeth*: Days 7-11. pp. 149-55

**Announcements:**

- Remember to sign up with Niniek and the Co-Cathedral to serve the first Tuesday of the month 6-8pm, at Channel One: [Channel One — Co-Cathedral of St. John the Evangelist \(sj.org\)](http://Channel One — Co-Cathedral of St. John the Evangelist (sj.org))
- We would like to send at least 2 Carmelites each month!
- We need a volunteer to order and organize the St. Joseph Liturgy of the Hours Guides: Idea for ordering online: [Liturgy Of The Hours Guide For 2025 – Catholic Book Publishing](http://Liturgy Of The Hours Guide For 2025 – Catholic Book Publishing)
- Check out our new website (the more clicks we receive the higher the posting is in the search engines): [saintjosephlaycarmelites.org](http://saintjosephlaycarmelites.org)

• SJLCC Adorers Co-Cathedral every Friday of the month 4-5 pm.  
 Ask Terese, Dcn. Randy & Tia about their pilgrimage to Our Lady of Fátima and Ávila, Spain →



**Formation Notes:**

On-going Formation: *St Elizabeth*: Last Retreat: Days 7-11. pp. 149-55. Read slowly and note phrases to share.  
**Phase 1** (inquires: Clark, Deb, Lise, Anne, Jasmine, Siyi, Laurie, Bill) 'Discerning Your Call to Carmel' pp. 6-10 with Marie.  
**Phase II Year 1 Ruth**: Ch. 9, [Climbing the Mountain](#), 'Living in God's Presence' pp. 197-226 with Michael.  
**Phase II Year 2 Tia**: Ch. 19a, 'Holy Men and Women of Carmel: Part 2.a. Later Saints' pp. 529-548 with Suzie.  
 Inquirers interviewed by Council after November 2<sup>nd</sup> Meeting: Lise, Anne, Jasmine, Siyi, Laurie.  
 St James Coffee, every 3<sup>rd</sup> Sunday 12- 2 pm, is reserved for Formation.

TABLE 1	TABLE 2	TABLE 3	TABLE 4
Dave Reinschmidt (Lead)	Marie Goihl (Lead)	Niniek Pranoto (Lead)	Terese Horlocker (Lead)
Bob Robak	Sharon Stanton	Mary Hayek	Suzie Oliver
Deacon Randy	Slava Dousa	Paula Plummer	Michael Kacir
Dorothy Loftus-Nall	Paul Byron	Bob Kertis	Marilyn Baker
Ruth Wentz	Saundra Groslie	Tia Meyer	Dianne Johnson
Clark Amorillo	Lise Paulik	Laurie Archbold	Deb McCauley
Anne Cuccio	Jasmine Sexton	Siyi Ji	Suzanne Norris / Lynn Gaffey

*Our Carmelite Charism: Prayer, Community and Service*

In Carmel,  
 Marie Theresa Goihl  
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