

Saint Joseph Lay Carmelite Community #2415
Rochester, Minnesota
Province of the Most Pure Heart of Mary
March 2026



Dear Lay Carmelites,

As Lay Carmelites we live in gratitude for the grace of Our Lord Jesus Christ!

We are in Lent of 2026. During Lent on March 19th, we will commemorate the Solemnity of our Principal Protector of our Carmelite Order and Community, Saint Joseph.

As a review, remember that this celebration has profound Biblical roots; Joseph is the last Patriarch who receives the communications of the Lord through the humble way of dreams [cf. Gn 28, 12-14; Mt 1, 20-24].

Like the ancient Joseph, he is an upright and faithful man [Mt 1, 19] whom God had placed as guardian of his household. He connects Jesus, the Messianic King, to the descent of David [Mt 1, 1-16; Lk 3, 23-38]. Joseph, Spouse of Mary and foster father, guide of the Holy Family in their flight to and return from Egypt, retracing the way of the Exodus [Gn 37; 50, 22-26; Mt 2, 13-21].

The liturgical feast of the Saint Patriarch already appeared in the Carmelite Order in the second half of the XV century. In 1680 the General Chapter unanimously elected Saint Joseph as the principal protector of the Order.

In 1847 Pius IX declared him as Patron of the Universal Church and John XXIII inserted his name in the Roman Canon.¹

St. Teresa of Avila: "St. Joseph gave me everything I asked for...I took for my advocate...the glorious St. Joseph and commended myself earnestly to him, and I found that this my father...delivered me both from this trouble and also from other and greater troubles concerning my honor and the loss of my soul and that he gave me greater blessings than I could ask of him."²

March Carmelite Saints and Blessed

Venerable Seraphina di Dio, Religious (17);
Venerable John Dominic Luchessik, Priest
(18); Saint Joseph, Principal Protector of the Order
(19); Blessed Francis Palau y Quer, Priest (20).

March Birthdays remembered Holy Mass at the Annunciation Hermitage:

Susan Smith (d.)-2nd; Bob Robak- 4th

Pray for Ruth in her Temporary Profession!



¹ <https://ocarm.org/en/item/100-st-joseph-principal-protector-of-the-order>

² [St. Teresa of Avila Asks Us to Pray to St. Joseph - Novena Mar 11 - 18 - Traditional Lay Carmelites of Fatima](#)



[Optional 8am Holy Mass at St Pius.]

March 7th Co-Cathedral Gathering Space. 9:15-12:15 pm.

Side 1: Dave; Side 2: **Clark**

Christian Prayer: Week II

Inv. 687.

Hymn #94 "Lord, who throughout these forty days".

Psalms/Canticle 845-849.

Reading/Intercessions/Benedictus/Prayer 312-313.

Volume II: Week II

Inv. 1043.

Hymn 33.

Psalms/Canticle 1345-1350.

Reading/Intercessions/Benedictus/Prayer 205-206.

Consecration to BVM; *Salve Regina*; St Joseph; Vocations Prayer.

Lectio Divina: St. [John 4:5-15, 19b-26, 39a, 40-42](#) **Dianne**

Lectio Divina Handbook: pp. 16-18. [Lay Carmelites, PCM Province](#)

Announcements.

On-going Formation-*Last Conver.* pp. 95-114 and 292-294

Announcements:

•Dues are 55\$ by April 30th. Please give dues to SJLCC [dues in memo line].

•A very special thank you to all who helped celebrate Ruth's joyful Temporary Profession on February 7th!

• We have Adoration Fridays 4-5pm in the Co-Cathedral Chapel.

• Please sign up to bring treats, at least once this year for Lectio Divina, Side 2 Prayer leader as well as Formation Formator.

• Channel One Service is on 1st Tuesdays (see Niniek):

[Channel One — Co-Cathedral of St. John the Evangelist](#)



Formation Notes:

The On-going Formation assignment is Yellow Notebook Aug 1 to Aug 10, pp. 95-114; Letters #15-16 pp. 292-294. Be prepared to share selected parts and spiritual insights.

[Phase II Year 1: Clark, Anne, Jasmine, Lise](#): Ch. 4: Carmelite Spirituality and Charism; pp. 79-94 with Terese.

Formation group meets at St. James Coffee every 3rd Sunday, noon till 2 pm.

TABLE 1	TABLE 2	TABLE 3	TABLE 4
Susie Oliver (Lead)	Dianne Johnson (Lead)	Ruth Wentz (Lead)	Michael Kacir (Lead)
Sharon Stanton	Mary Hayek	Dave Reinschmidt	Paul Byron
Deacon Randy	Saundra Groslie	Bob Robak	Niniek Pranoto
Bob Kertis	Tia Meyer	Marilyn Baker	Paula Plummer
Lise Paulik	Anne Cuccio	Clark Amorillo	Jasmine Sexton

Our Carmelite Charism: Prayer, Community

In Carmel,
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